



Monday
LESSONS
Grade 1
March 30th – April 3rd, 2020

Monday

- **English Language Arts**

- **Learning Activity:**

- **Spalding:** 5 words and a sentence using some of the words. (Printing Optional)
- **Instructions:**
 - **Spalding:** There is a daily sheet that has five (5) review words and a sentence to copy. You may either print out the paper for your student to complete the copy work – words and sentence – or you may dictate the words and sentence and your student can write it on any lined paper. Please select the option that works best for your family.
- **Reading:** read 20 minutes; included is the 6 minute solution passage *Fish: Water Pets* (Lessons)

- **Instructions:**

- **Spalding:** There is a daily sheet that has five (5) review words and a sentence to copy. You may either print out the paper for your student to complete the copy work – words and sentence – or you may dictate the words and sentence and your student can write it on any lined paper. Please select the option that works best for your family.

- **Mathematics**

- **Learning Activity:** Would You Rather Activity. (Lessons)
- **Instructions:** Pick which option you would rather have and explain your answer on a separate sheet of paper.

- **Learning Activity:** Which Does Not Belong Activity. (Printing Optional)
- **Instructions:** Make an argument why one of the four items does not belong. You can actually make an argument for all four different options!

- **Learning Activity:** Math Facts practice (Printing Optional)
- **Instructions:** Complete the part part whole worksheet

- **History**

- **Learning Activity:** American Symbols, Mount Rushmore (Printing Optional)
- **Instructions:** Read aloud the Mount Rushmore page. Copy the sentence in your best handwriting. Find at least 5 words in the Mount Rushmore Word Search puzzle.

- **Art**

- **Learning Activity:** Self-Portrait Drawing (Step-by-step practice) (Lessons)
- **Instructions:** Remember to do YOUR personal best. This is just practice.
 - Get blank paper and pencil
 - Write your name, class and number on the back.
 - Stand in front of a mirror
 - Follow the steps in Resources section for Monday
 - Keep your paper with your drawing for Thursday's lesson.

- **P.E.**

- **Learning Activity 1:** Activity Square
- **Instructions:**
 - Create 12 step square
 - Move around square using different movement skills
 - Practice then use watch to time activity to find fastest time
 - Sequence
 - First Lap - run then 5 jumping jacks
 - Second Lap - skip then 5 sit ups
 - Third Lap - hop one foot, switch feet on each side then - 3 push ups
 - Forth Lap - jump feet together then 5 squat jumps
 - Fifth Lap - sprint full speed

Fish: Water Pets

0 There are many kinds of fish. Some live in cold water.
11 Others live in warm water.

16 Goldfish make good pets. They live in cold water. It
26 is easier to take care of coldwater fish. Goldfish are fun to
38 watch. They like to jump. They also like to splash.

48 Goldfish become excited when it is meal time. They
57 swim very fast. Goldfish eat special fish food. They also
67 eat vegetables. Peas are good for goldfish.

74 Like all pets, goldfish need special care. You will need
84 to have a big fish tank for your fish. There should be a
97 lid on the tank. The lid will keep the fish safe inside. Do
110 not put too many fish together in one tank. Goldfish need
121 room to grow.

124 Goldfish, like other fish, need clean water in their
133 tank. You will need to clean the fish tank often.

143 If you take good care of your goldfish, it will live for
155 many years.

157

150.6

Total Words Read _____

- Errors _____

= CWPM _____

...have a stack of pennies from

Option A or Option B?

3 tens + 2 ones

2 tens + 3 ones

A

B

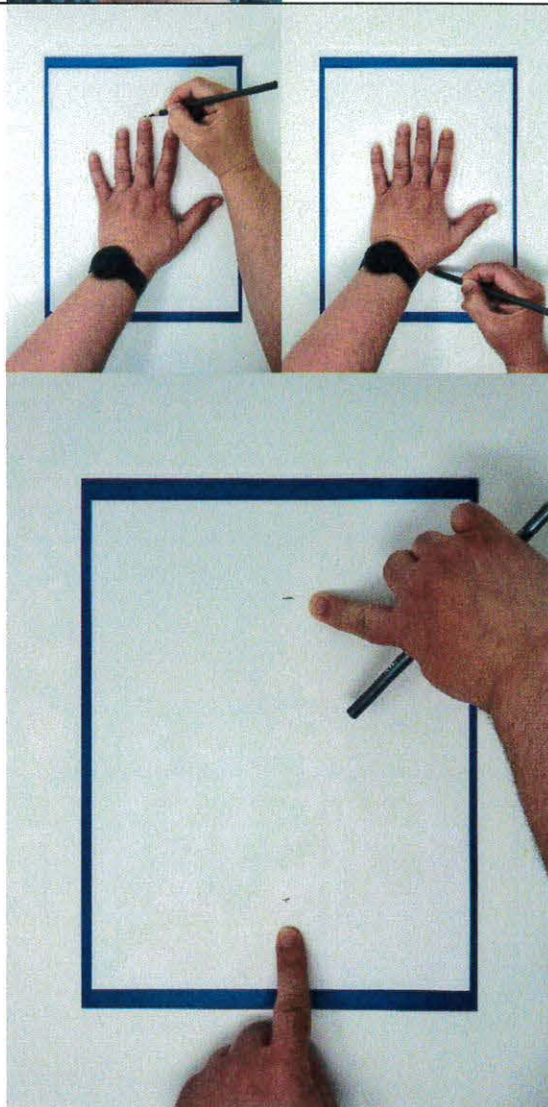
First Grade - Art - Monday

Let's start!

1. Do you know that your hand is as big as your face? Try it!



2. Place your hand in the middle of your paper and draw your marks at the top of your middle finger and under your wrist.



3. Draw a shape similar to your face: round, square or oval. Make sure that you are using the marks for the top and bottom of your face.

