

Archway Glendale Weekly E-Blast April 16, 2020



One Weekly Email Starting Today

Since things are now getting into a rhythm for most families and things are not changing as rapidly, we are moving to a weekly email on Thursdays, beginning today. Please be sure to read through each email for important information and details.

Virtual Choir Project

Miss Hendricks and Mrs. Robinson have created a Virtual Choir Project which will enable each grade level to perform one of their concert songs in a video. Students will receive an accompaniment video with an example of their choral part being sung and specific directions about how to record themselves singing. Look for detailed instructions next week on Google Classroom under the topic, "Virtual Choir Project". While the project is optional, every student is encouraged to contribute a singing video to it. Students will need headphones or earbuds to listen to the accompaniment while recording. All recordings are due **May 1st**. It will take several weeks to synchronize the audio files into a single performance. We hope to share the final cut of our Virtual Choir performance with families at the end of the school year.

Returning Items and Lost and Found

Many families have called to inquire about how to return items or check the Lost and Found, so we have come up with a plan we hope works for most of our families.

RETURNING ITEMS:

Many students have library books at home as well as other books and items. Below you will find a list of what each grade or class has at home that needs to be returned. We will put a cart outside each

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Important Dates

4/17

**HALF-DAY
(Assignments Reduced)**

5/1

**HALF-DAY
(Assignments Reduced)**

5/18 - 5/20

**HALF DAYS
(Assignments Reduced)**

5/21

**LAST DAY OF SCHOOL
HALF DAY**

day from 8 am to noon from Monday, April 20th, through Friday, May 1st. Please clearly label the items with your student's name and section. Some suggestions of how to label items are: use a post-it note or a piece of paper tucked inside the cover or taped to the outside. If you are not able to return the items in the next two weeks, please contact the office.

K: Leveled Readers and Library Books

1st: Library Books

2nd: Library Books

3rd: Library Books

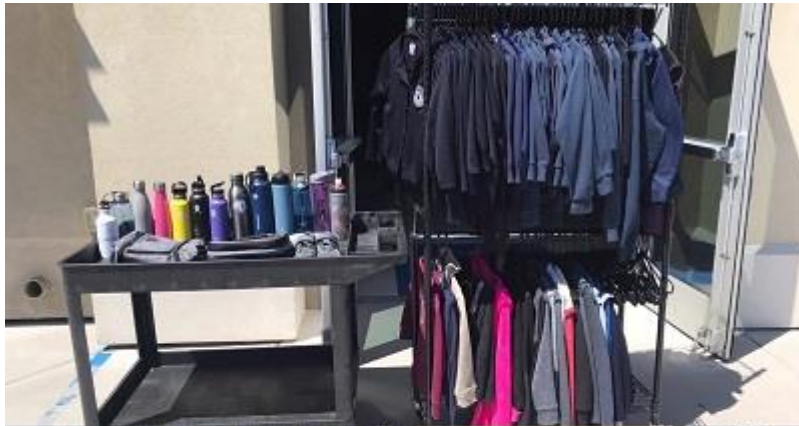
4th: Library Books, Lit Circle Books, Math Textbooks and

4B Only: Math Toolkits

5th: Library Books

LOST AND FOUND:

The Lost and Found will be out on the curb near the MPR on Tuesday, April 21st, from 10 am to noon and Thursday, April 23rd, from 8 am to 10 am. All remaining items will be boxed up and donated over the summer. See below for a picture of the Lost and Found. Disinfecting methods will be provided before and after looking through the items to help keep families safe.



5/22

**5TH GRADE CLAP/OUT
and PROMOTION**

8 am - speeches on FB

10 am - 5A car parade

11am - 5B car parade

12 pm - 5C car parade

***UPDATED TIMES**

CHOOSE

JOY!

Staying Active During This Time, From Coach Lester

Coach Lester has put together a great document about staying active during this time. Please click [here](#) to read the entire document. Some excerpts from it are below:

According to The Centers for Disease Control and Prevention, the benefits for physical activity include:

-Improved bone health and weight status for children 3 through 5
-Improved cognitive function for youths 6 to 13

-Brain health
-Improved quality of sleep
-Improved immune system
-Reduced risk of depression

-Improved cardiorespiratory and muscular fitness

Children and adolescents ages 6 through 17 years should do 60 minutes (1 hour) or more of moderate-to-vigorous physical activity daily:

- **Aerobic:** Most of the 60 minutes or more per day should be either moderate- or vigorous-intensity aerobic physical activity and should include vigorous-intensity physical activity on at least 3 days a week.
- **Muscle-strengthening:** As part of their 60 minutes or more of daily physical activity, children and adolescents should include muscle-strengthening physical activity on at least 3 days a week.
- **Bone-strengthening:** As part of their 60 minutes or more of daily physical activity, children and adolescents should include bone-strengthening physical activity on at least 3 days a week.

Headmaster Corner

We hope you are staying connected even while keeping social distance. Most of all, we hope you and your family are healthy, choosing joy, and helping one another persevere in this difficult hour.

Keep asking for help when and if you need it. We are still here for you, even though we must keep our distance.

If you do Facebook, look for the poetry readings which should be posted each and every school day until May 21st!

We very much hope we can see each other soon!